

Interview With Sarmad Nasir

We interviewed one of our interns who is resident on site at 25 Trego Road. We are delighted to share his experience with you.

What do you think about getting site experience at Trego Road?

"As a recent graduate in Construction Project Management, I was given an opportunity to work on one of the CMT's most important residential projects which gave me a great insight into the construction industry in UK."

What are your thoughts regarding training or mentorship?

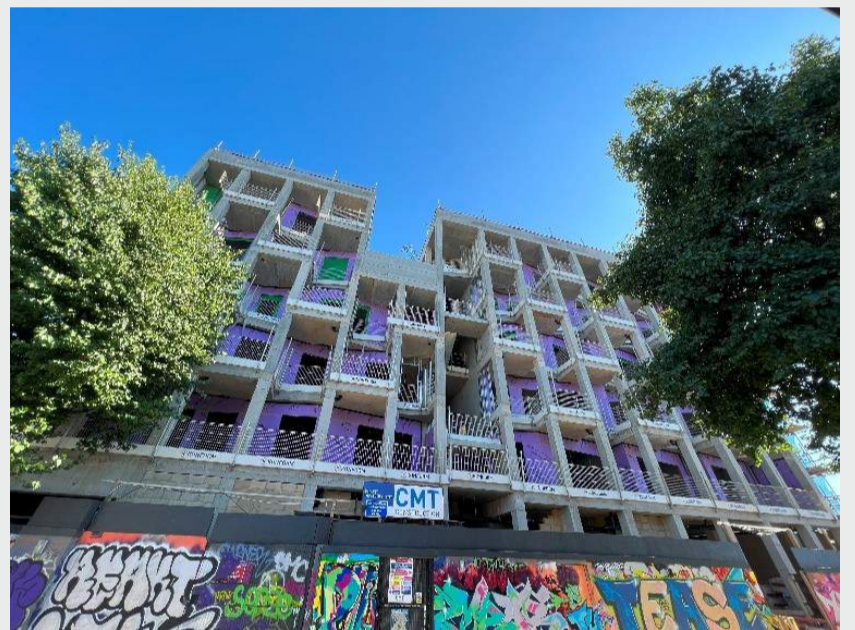
"I am working under the supervision of Senior Project Manager, who is my mentor in assisting me through all the stages of construction project. I am polishing both my hard and the soft skills which will help me in my future endeavours."



Project Info: 25 TREGO ROAD

Project Update

Progress has really ramped up at Trego Road. We now have daily around seventy operatives on site and as new areas of work open-up, this is growing quickly. We are closing in our internal walls and ceilings and are following up with the installation of kitchens and sanitaryware in the bathrooms.



Health and Safety

On 1st August, World lung cancer day is celebrated to raise awareness about the risks, prevention, and early detection. To raise awareness regarding lung cancer we gave toolbox talks to the staff working on site for the correct use of PPE to remove the risk of lung cancer.

Contractor: [CMT Design & Construction Ltd.](#)
Project Manager : [Colin Smith.](#)
Architects: [Maith Design Ltd.](#)
Structural Engineers: [Shear Design Ltd.](#)
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