



## Project Info: 25 TREGO ROAD

### Interview With Susil Selvam

We recently had a chat with Susil who has been working with CMT for past few weeks at our site at 25 Trego Road, Susil has been working as an as intern while studying towards his postgraduate at Coventry University London. So, we wanted to find out his thoughts on working at CMT.

#### How are you finding your time here at CMT?

*"I began my internship at CMT Construction on November 21, 2022. As a graduate student studying project management, I was seeking for a chance to learn about project management in the industry. CMT Design and Construction provided me with this opportunity. I currently report to my construction director Mr. Andy, and throughout the past month, I had the opportunity to travel with him. Every day brought me a new learning opportunity, and he taught me a lot about every aspect of the industry, at this moment I would like to thank him for the responsibilities he has given me."*

#### What do you like about your work?

*"When I first started, I was nervous as this was my first job in the UK, but the people around me were so kind to teach me new things that I didn't know, which increased my interest in the job. Currently, I'm working with the project manager on our Trego Road and Burleigh Gardens site, In addition, I'm picking up some information from my quantity surveyor regarding the invoices, payments, and orders. Without this opportunity from CMT, I would definitely not have obtained this experience while also learning a lot of useful skills."*

#### What motivates you during work?

*"My motivation at work is greatly increased by deadlines and the efforts of others around me at CMT, who all work very hard on each and every project. This inspires me to put out similar effort, and I am also inspired by my superior's appreciation of the work I have done."*

#### What has been your biggest takeaway so far?

*"I've learned a lot so far, but the main thing I'm working on right now is BREEAM. Through this, I've learned how important it is to consider the environment when building a structure as well as the protocols that must be followed. I've also learned how essential it is to take care of the area around the building and not pollute the environment."*

### Project Update

The reinforced concrete frame from the basement to level 3 is now complete, and we are currently working on the concrete slab for level 4 and concrete columns to level 5.

We are waterproofing our basement while also beginning the basement blockwork to the south block. Scaffold erection and cladding steel framing has started on the south block also, ready for us to commence interior fit out in the New Year.

Contractor: [CMT Design & Construction](#)

Architects: [Maith Design](#)

Structural Engineers: [Shear Design Consulting](#)

M&E Consultants: [Butler Consulting](#)